

1st Global Ayurveda and Integrative Medicine Summit (GAIMS)

Department of Neurology and Complementary Medicine

Theme: Hattingen Model of Complementary Medicine

Venue: Hotel Mercure, Massenbergsstraße 19-21,
44787 Bochum, Germany

Date: Saturday, 13 December 2025, 09:00–18:00 h



Summit Overview

The Global Ayurveda and Integrative Medicine Summit is a pioneering initiative to bridge the gap between modern medical science and traditional Ayurvedic wisdom. Hosted by the Department of Neurology and Complementary Medicine in Hattingen, Germany, this summit aims to inspire interdisciplinary collaboration, promote evidence-based integration, and advance patient-centric care models across Europe.

This summit arrives at a pivotal moment in global healthcare. As chronic diseases, mental health challenges, and lifestyle-related conditions continue to rise, there is an urgent need for holistic, patient-centred approaches that go beyond symptomatic treatment. The Hattingen Model of Complementary Medicine—developed over 15 years of clinical practice—offers a scientifically grounded framework for integrating Ayurvedic principles with neuromedicine. It has demonstrated

measurable benefits in clinical outcomes, patient-reported satisfaction, and long-term well-being.

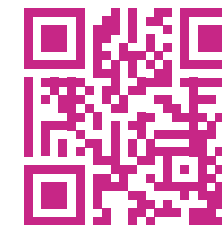
By convening leading voices from across Europe - university professors, chief physicians, integrative medicine practitioners, and Ayurveda scientists - this summit aims to foster interdisciplinary dialogue, inspire collaborative research, and encourage the adoption of integrative models within hospital systems. This event is supported by key institutions, including the Ministry of AYUSH (India), the Embassy of India (Berlin), the Indian Professional Society of Ayurveda in Germany (IFAD), Augusta Hospitals, and the cities of Hattingen and Bochum.

Contact Details

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Registration Link:



The participation fee is €75 per person. Colleagues of EVA Ruhr can participate free of charge.

Account Holder: Augusta-Kranken-Anstalt gGmbH
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Programm

09:00 Uhr	Welcome and Registration	Neurology & Complementary Medicine, Evangelisches Krankenhaus Hattingen	Presentations:	Theme: Scientific Foundations of Ayurvedic Medicine
10:00 Uhr	Inaugural Ceremony - tentative guests and speakers • His Excellency Mr. Ajit Gupte, Ambassador, Embassy of India, Berlin • Mr. Karl-Josef Laumann, Minister for Labor, Health and Social Affairs of North-Rhine-Westphalia (requested) • Mr. Dirk Glaser, former mayor of Hattingen and successor (requested) • Mr. Jörg Lukat, mayor of Bochum • Dean or representative, faculty of medicine, Ruhr University Bochum • Dr. Peter Lütkes, Medical Director EVA-R • Prof. Dr. Alexander S. Petrides, Executive Leadership, Augusta Clinics • Prof. Min Suk Yoon, Medical Director, Evangelisches Hospital Hattingen • Dr. Sandeep Nair, Board of IFAD e.V. (Indian Professional Association for Ayurveda in Germany) • Dr. med. Sandra Szymanski, Head of the Department of Neurology and Complementary Medicine	Presentations Parkinson's disease, the microbiome and Ayurveda—opportunities and significance of an integrative treatment concept Marco Lebbing , Specialist in General Medicine & Neurology, MSc Ayurveda, Chief Physician, JIVITA Center for Integrative Medicine, CH-Zurich	Harnessing Ayurveda During the Pandemic: Kerala's Integrative Response to COVID-19 Dr. Rajmohan V , MD (Ay), PhD, Special Officer, International Ayurveda Research Centre; Lecturer, Government Ayurveda College, Trivandrum	Chair & Moderator: Professor Dr. med. Gisa Ellrichmann-Wilms , Clinical Director of the Department of Neurology, City Hospital Dortmund
		Healing the Unseen: Evidence-Based Integrative Approach to Non-Motor Symptoms in Parkinson's Disease Dr. Sandeep Nair , MD (Ay), MSc Neurorehabilitation, Research Associate / Ayurvedic Physician, Dpt. Neurology & Complementary Medicine, Evangelisches Krankenhaus Hattingen	Ayurveda in Cancer Rehabilitation: Concepts and Experiences from a German Ayurveda Ward Dr. med. Ananda Samir Chopra , Pediatrician, Chief Physician, Ayurvedic Clinic Habichtswald, Kassel; Chair, German Medical Association for Ayurvedic Medicine (DÄGAM)	Presentations: Tradition to Evidence: Ayurveda's Role in Chronic Pain Management Dr. Pratap Makhija , Deputy Director (Ayush), Central Council of Research in Ayurveda Science (CCRAS)
			Evidence-based Ayurveda practice in clinical cardiology Dr. Rohit Sane , MBBS, Specialist in Internal Medicine/Cardiology, Director, Madhavbaug Cardiac Care Clinics, Mumbai	Accreditation standards in the Ayush system and Ayurveda education Dr. Vandana Siroha , MD (Ay), PhD, Director, Rashtriya Ayurveda Vidyapeeth (National Institute for Ayurvedic Studies)
			Bridging Ayurveda and Respiratory Medicine: Clinical Insights into Bhibhitaka-valeha (Ayurvedic formulation) for Chronic Bronchitis Dr. Manish Deshmukh , Deputy Director—Interdisciplinary Research, Professor of Pharmacology, Datta Meghe Institute of Higher Education & Research (DMIHER-DU)	Ayurinformatics—A Roadmap to Evidence-Based Integrative Research Dr. Prashant Gupta , MD (Ay), DHFW, FIY, Lecturer, Department of Ayurvedic Pediatrics, All India Institute of Ayurveda (AIIA)
11:00 Uhr	Scientific Session I: 2 presentations (20 min each) followed by chair remarks and a Q&A session Theme: Integrating Ayurvedic Medicine in Parkinson's Disease Management—The Hattingen Model of Complementary Medicine Chair & Moderator: Dr. med. Sandra Szymanski , Neurologist and Head of Dpt.	12:00 Uhr “Ayurveda: The Double Helix of Life,” screening of international documentary film directed by Mr. Vinod Mankara and produced by Dr. A. V. Anoop, (30 mins) 12:30 Uhr Lunch 13:30 Uhr Scientific Session II: 4 Presentations (20 min each) followed by chair remarks and a Q&A session Theme: Evidence-Based Research in Ayurveda for Systemic Diseases Chair & Moderator: Prof. Dr. Wolfgang E. Schmidt , Senior Research Professor at Ruhr University Bochum, Specialist Internal medicine, Gastroenterology, Infectiology, Diabetology, Intensive medical care, Physical Therapy, and Lab Medicine	15:30 Uhr Coffee Break and Light Refreshments 16:00 Uhr Scientific Session III: 3 Presentations (20 min each) followed by chair remarks and a Q&A session	17:30 Uhr Closing Remarks and Farewell

CME-Punkte bei der Ärztekammer
Westfalen-Lippe werden beantragt.